



BULLETIN

Industry Divisions



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NewAccess for Small Business Owners: Tailored mental health coaching

Dear Members

The Australian Government has recently announced an initiative called 'NewAccess for Small Business Owners'. This provides free, confidential and tailored mental health coaching to small business owners. The program is part of the Government's \$7 million BusinessBalance initiative, providing immediate, short-term support of mental and financial wellbeing for small business as it recovers from the COVID-19 pandemic.

The free program, which runs over six-weeks, offers support by trained mental health coaches who have a background in small business. The program is delivered via telehealth and is designed to help small business owners who are feeling overwhelmed about everyday life issues, which may be caused by business challenges, staffing, relationships, health or loneliness.

For more information about NewAccess for Small Business Owners, visit their website [here](#).

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